

## Confused about recycling???

Most of us are at times. The Recycle Now website has useful information and I thought it might be helpful to share some of it. For a start, what do those symbols on packaging really mean? Here are some of the commonest. For more symbols and more information go to <https://www.recyclenow.com/recycling-knowledge/packaging-symbols-explained>



This label is applied to packaging that is collected by 75% or more of local authorities across the UK, for example plastic bottles



This label is applied to packaging that is collected by 20-75% of local authorities across the UK, for example some types of plastic packaging.



This label is applied to packaging when less than 20% of local authorities collect it across the UK, for example crisp packets.



Some plastic films can be recycled at supermarket's carrier bag collection points. Look out for the 'Recycle with carrier bags at larger stores' message on your breakfast cereal, toilet and kitchen roll wraps, bread bag, grocery produce, multipack shrink wrap and newspaper and magazine wraps.

Always rinse soiled packaging, for example food trays; this ensures that any food residue doesn't contaminate other materials, particularly if they are collected together with paper. It also helps to stop attracting vermin into the recycling sorting centres where people work.

Remember too, it may still be recyclable even if it doesn't actually say so!!

## WHICH TYPES OF PLASTIC FILM CAN BE RECYCLED AT SUPERMARKETS?

**A bit more from the Recycle Now website.**

<https://www.recyclenow.com/what-to-do-with/plastic-film>

### Yes please

- All plastic bags, except biodegradable or compostable bags
- Bread bags
- Breakfast cereal liners
- Shrink wrap & ring joiners from multipacks of water, cans etc
- Frozen food bags, e.g. bags for frozen vegetables, chips, etc
- Dry cleaning bags/bags covering new clothing
- Magazine and newspaper wrappers
- Bags for loose fruit and vegetables
- Bubble wrap
- Low-density polyethylene (LDPE) - resin ID code 4

### No thanks

- Any non-Polyethylene film (e.g. PP, PVC, others)
- Cling film
- Food and drink pouches
- Wrappers from bakeries, e.g. bags with lots of small holes in them
- Film lids from trays and pots, e.g. yoghurt pots
- Any dirty bags or film, for example containing food
- Crisp packets
- Compostable bags
- Any film claiming to be biodegradable
- Pre-prepared salad bags

All items should be clean and free of food. Tear off sticky labels where possible.

As a general rule, if you can stretch the film then it can be recycled.